



M a r i e F a r r u g i a



Passion, a powerful message and practical strategies — these are the hallmarks of the truly unique experience that is a Marie Farrugia presentation.

Qualified at Master level in NLP (neurolinguistic programming) and Cert IV in Workplace Assessment and Training, and an Accredited Speaking Member of the National Speakers Association, Marie also draws on skills and knowledge developed from a varied industry background and real personal situations.

Marie's core topic is one of the most challenging issues of modern life: **How to balance life and work.**

Throughout her time in sales and marketing and her five years in coaching, she has seen first-hand what happens to our productivity when we don't take time out to recharge mentally, physically and emotionally.

Marie's commonsense approach gives participants simple steps to create positive impacts in all areas of their lives: work, family and community. And in successfully creating time for herself while managing her own Personal Development business and the demands of family life, Marie certainly lives her message.

Rob Dell, Managing Director of I-Comm, is one of the many Marie Farrugia convert: *"Our staff work in a demanding, extremely busy and pressure environment [sales and customer service], so it was great to learn a number of techniques, to not only relieve the pressure, but look at ways to take care of yourself to achieve more in your daily life."*

If you too want to support and nurture your greatest asset — your people — why not help them to be their best? Give them the opportunity to experience Marie's dynamic and inspirational workshops, presentations and one-on-one sessions.

To book Marie for your next Company event, call now on **(03) 9841-6114.**

• Keynote Presentations • Workshops • Individual time for YOU

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